

راهنمای تخصصی رشته های ورزشی بازی های پارالمپیک ۲۰۲۴ پاریس
نسخه ۱ - پاییز ۲۰۲۳

دو و میدانی

ورزشکاران این رشته از ۳۰ اوت لغایت ۷ سپتامبر در ورزشگاه استادوفرانس با یکدیگر به رقابت می پردازند. ضمناً مسابقات ماراتن در مکانی مجزا برگزار می شود. تعداد مواد مدال آور پارا دو و میدانی ۱۶۴ ماده می باشد و مجموع ۱۰۶۹ ورزشکار مشتمل بر ۵۸۴ ورزشکار مرد و ۴۸۵ ورزشکار زن در این بازی ها حضور خواهند داشت.

مواد رقابتی مردان (میدانی - پیست - جاده)

MEN (90)

→ **Track events**

100m T11, T12, T13, T34, T35, T36, T37, T38, T47, T53, T54, T63, T64 100m T44, T51, T52	200m T35, T37, T64 200m T51	400m T11, T12, T13, T20, T37, T38, T47, T53, T54 400m T36, T52, T62
800m T34, T53, T54	1500m T11, T13, T20, T54 1500m T38, T46	5000m T54 5000m T11, T13
10,000m	3000m Steeplechase	110m Hurdles
400m Hurdles	Relay 4 x 100m	Relay 4 x 400m

→ **Field events**

Long jump T11, T12, T20, T37, T38, T47, T63, T64 Long jump T13, T36	High jump T47, T63, T64	Club throw F32 Club throw F51
Discus throw F11, F64 Discus throw F37, F52, F56	Javelin throw F13, F34, F46, F54 Javelin throw F38, F41, F57, F64	Shot put F12, F20, F32, F33, F34, F35, F37, F40, F41, F46, F57 Shot put F11, F36, F53, F55, F63

→ **Road events**

Paralympic Marathon	T12, T54
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مواد رقابتی زنان (میدانی - پیست - جاده)

WOMEN (73)

→ Track events

100m T11, T12, T13, T34, T35, T36, T37, T38, T47, T53, T54, T63, T64	200m T35, T37, T64 200m T11, T12, T36, T47	400m T11, T12, T13, T20, T37, T38, T47, T53, T54
800m T34, T53, T54	1500m T11, T13, T20, T54	5000m T54

→ Field events

Long jump T11, T12, T20, T37, T38, T47, T63, T64	Club throw F32	Discus throw F11, F64 Discus throw F38, F41, F53, F55, F57
Javelin throw F13, F34, F46, F54 Javelin throw F56	Shot put F12, F20, F32, F33, F34, F35, F37, F40, F41, F46, F57 Shot put F54, F64	

→ Road events

Paralympic Marathon	T12, T54
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مواد مختلط (پیست)

MIXED (1)

→ Track events

4x100m Universal Relay

نحوه برگزاری مسابقات

- مواد پیست: تمامی مواد پیست مشتمل بر سه راند می باشد (دور اول، نیمه نهایی و فینال) که تعداد راندها در هر ماده بر اساس تعداد نفرات ثبت نامی، نهایی خواهد شد.
- مواد میدانی: در مواد پرش طول و پرتاب ایستاده که بیش از ۸ ورزشکار در آن حضور دارند هر ورزشکار مجاز به انجام ۳ حرکت می باشد و در پایان به هشت ورزشکار برتر ۳ حرکت دیگر اعطا می شود. در مواد پرتابی نشست، هر ورزشکار ۶ پرتاب متوالی را انجام می دهد. در موادی که تعداد ورزشکاران زیاد باشد یک دور مقدماتی برگزار می شود و سپس دور فینال برگزار می شود.
- ماراتن: مسابقه دو ماراتن در خیابان های شهر پاریس برگزار می شود. این رقابت از Parc de la Courneuve آغاز و در invalides (اینولید) به پایان می رسد.

برنامه مسابقات

لازم به ذکر است این برنامه ممکن است دستخوش تغییرات جزئی شود:

جمعه ۳۰ اوت ۲۰۲۴ (۹ شهریور) - ورزشگاه استادو فرانس پاریس ؛ Stade de France

SESSION	TIME	DURATION	E/EVENTS
Friday 30 August 2024 – Stade de France			
ATH01	10:00 – 13:30	3:30	Women's Long Jump – T11 Final Men's 5000m – T11 Final Women's 100m – T35 Round 1 Women's Shot Put – F41 Final Men's 100m – T12 Round 1 Women's Discus Throw – F55 Final Men's 400m – T52 Round 1 Women's 400m – T11 Round 1 Men's Javelin Throw – F38 Final Women's 200m – T37 Round 1 Men's 100m – T37 Round 1 Men's 100m – T47 Round 1 Women's 100m – T35 Final Men's 5000m – T11 Victory Ceremony Women's Shot Put – F41 Victory Ceremony Women's Long Jump – T11 Victory Ceremony

SESSION	TIME	DURATION	E/EVENTS
ATH02	19:00 – 22:20	3:20	Men's Shot Put – F55 Final Men's Long Jump – T11 Final Women's Club Throw – F32 Final Men's 400m – T52 Final Men's 100m – T37 Final Men's 100m – T47 Final Women's 400m – T11 Round 1 Men's Shot Put – F37 Final Women's Discus Throw – F55 Victory Ceremony Women's 100m – T35 Victory Ceremony Men's 400m – T52 Victory Ceremony Women's 200m – T37 Final Men's 100m – T37 Victory Ceremony Men's 100m – T47 Victory Ceremony Men's 5000m – T54 Round 1 Women's 200m – T37 Victory Ceremony Men's Long Jump – T11 Victory Ceremony Women's 400m – T47 Round 1 Women's 1500m – T13 Round 1 Men's Javelin Throw – F38 Victory Ceremony Women's Club Throw – F32 Victory Ceremony

شنبه ۳۱ اوت ۲۰۲۴ (۱۰ شهریور) – ورزشگاه استادو فرانس پاریس : Stade de France

SESSION	TIME	DURATION	E/EVENTS
Saturday 31 August 2024 – Stade de France			
ATH03	10:00 – 13:30	3:30	Women's Discus Throw – F57 Final Men's Shot Put – F12 Final Men's 5000m – T13 Final Women's 5000m – T54 Final Men's 1500m – T46 Final Women's 100m – T38 Round 1 Women's Long Jump – T64 Final Men's Shot Put – F55 Victory Ceremony Men's 5000m – T13 Victory Ceremony Women's Javelin Throw – F13 Final Men's 100m – T38 Round 1 Women's 5000m – T54 Victory Ceremony Men's 1500m – T46 Victory Ceremony Men's Shot Put – F12 Victory Ceremony Men's 400m – T11 Round 1 Men's 100m – T12 Semi-Finals Women's Long Jump – T64 Victory Ceremony Women's Javelin Throw – F13 Victory Ceremony Men's Shot Put – F37 Victory Ceremony

SESSION	TIME	DURATION	EVENTS
ATH04	19:00 – 22:00	3:00	Men's Javelin Throw – F57 Final Men's Club Throw – F32 Final Women's 1500m – T13 Final Women's Shot Put – F37 Final Men's 100m – T44 Round 1 Men's 100m – T38 Final Men's 400m – T11 Semi-Finals Men's Long Jump – T63 Final Women's 400m – T11 Final Women's 100m – T38 Final Women's Discus Throw – F57 Victory Ceremony Women's 1500m – T13 Victory Ceremony Men's 5000m – T54 Final Men's 100m – T38 Victory Ceremony Women's 100m – T38 Victory Ceremony Men's 100m – T12 Final Women's 400m – T47 Final Women's Shot Put – F37 Victory Ceremony Men's 5000m – T54 Victory Ceremony Women's 200m – T36 Round 1 Women's 400m – T11 Victory Ceremony Men's 100m – T12 Victory Ceremony Women's 400m – T47 Victory Ceremony

یکشنبه ۱ سپتامبر ۲۰۲۴ (۱۱ شهریور) – ورزشگاه استادو فرانس پاریس ؛ Stade de France

SESSION	TIME	DURATION	EVENTS
Sunday 1 September 2024 – Stade de France			
ATH05	10:00 – 13:30	3:30	Women's Long Jump – T12 Final Men's Shot Put – F53 Final Women's 1500m – T11 Round 1 Men's Javelin Throw – F57 Victory Ceremony Men's Club Throw – F32 Victory Ceremony Women's Discus Throw – F64 Final Men's 100m – T34 Round 1 Women's 800m – T53 Round 1 Men's Shot Put – F40 Final Women's 800m – T54 Round 1 Men's 100m – T13 Round 1 Men's 400m – T54 Round 1 Women's 200m – T36 Final Women's Discus Throw – F64 Victory Ceremony Women's Long Jump – T12 Victory Ceremony Men's 400m – T53 Round 1 Men's Shot Put – F53 Victory Ceremony Men's Shot Put – F40 Victory Ceremony Women's 200m – T36 Victory Ceremony Men's Long Jump – T63 Victory Ceremony

SESSION	TIME	DURATION	EVENTS
ATH06	19:00 – 22:05	3:05	Women's Shot Put – F20 Final Women's 800m – T53 Final Women's Long Jump – T37 Final Women's 800m – T54 Final Men's Discus Throw – F52 Final Men's High Jump – T47 Final Men's 100m – T44 Final Women's 200m – T35 Final Women's Javelin Throw – F34 Final Men's 100m – T13 Final Men's 400m – T53 Final Women's 800m – T53 Victory Ceremony Women's 800m – T54 Victory Ceremony Men's 400m – T54 Final Men's 100m – T44 Victory Ceremony Women's 100m – T34 Final Men's 100m – T13 Victory Ceremony Women's Shot Put – F20 Victory Ceremony Men's 400m – T11 Final Men's 400m – T53 Victory Ceremony Men's 400m – T54 Victory Ceremony Men's 100m – T64 Round 1 Women's 200m – T35 Victory Ceremony Women's Long Jump – T37 Victory Ceremony Men's 100m – T63 Round 1 Women's 100m – T34 Victory Ceremony Men's 400m – T11 Victory Ceremony

دوشنبه ۲ سپتامبر ۲۰۲۴ (۱۲ شهریور) – ورزشگاه استادو فرانس پاریس ؛ Stade de France

SESSION	TIME	DURATION	EVENETS
Monday 2 September 2024 – Stade de France			
ATH07	10:00 – 13:35	3:35	Men's Long Jump – T12 Final Men's Discus Throw – F56 Final Women's 1500m – T11 Final Men's 1500m – T11 Round 1 Men's Shot Put – F41 Final Women's Javelin Throw – F34 Victory Ceremony Men's 1500m – T13 Round 1 Women's Shot Put – F54 Final Men's 100m – T34 Final Men's 100m – T35 Round 1 Men's High Jump – T47 Victory Ceremony Women's 1500m – T11 Victory Ceremony Women's 100m – T11 Round 1 Men's Discus Throw – F52 Victory Ceremony Men's 400m – T38 Round 1 Men's Long Jump – T12 Victory Ceremony Women's 1500m – T54 Round 1 Men's 100m – T34 Victory Ceremony

SESSION	TIME	DURATION	EVENETS
ATH08	19:00 – 22:00	3:00	Men's Javelin Throw – F64 Final Women's Discus Throw – F53 Final Men's 100m – T35 Final Men's Long Jump – T36 Final Women's 100m – T11 Semi-Finals Women's 400m – T37 Round 1 Men's Discus Throw – F56 Victory Ceremony Men's Shot Put – F11 Final Men's 400m – T20 Round 1 Women's Shot Put – F54 Victory Ceremony Men's 100m – T35 Victory Ceremony Women's 400m – T20 Round 1 Men's 100m – T63 Final Women's 400m – T12 Round 1 Men's Javelin Throw – F64 Victory Ceremony Men's 1500m – T54 Round 1 Men's 100m – T64 Final Men's 100m – T63 Victory Ceremony Men's Long Jump – T36 Victory Ceremony Men's Shot Put – F11 Victory Ceremony Men's Shot Put – F41 Victory Ceremony

سه شنبه ۳ سپتامبر ۲۰۲۴ (۱۳ شهریور) – ورزشگاه استادو فرانس پاریس ؛ Stade de France

SESSION	TIME	DURATION	EVENETS
Tuesday 3 September 2024 – Stade de France			
ATH09	10:00 – 13:30	3:30	Men's Long Jump – T47 Final Women's Discus Throw – F11 Final Men's 1500m – T11 Final Men's 1500m – T13 Final Women's 200m – T64 Round 1 Women's Javelin Throw – F56 Final Men's 200m – T51 Final Women's Shot Put – F34 Final Women's 100m – T13 Round 1 Men's 400m – T37 Round 1 Women's Discus Throw – F53 Victory Ceremony Men's 1500m – T11 Victory Ceremony Men's 1500m – T13 Victory Ceremony Men's 400m – T36 Final Women's 400m – T12 Final Women's 1500m – T54 Final Men's 100m – T64 Victory Ceremony Men's 200m – T51 Victory Ceremony Women's 100m – T47 Round 1 Men's 400m – T36 Victory Ceremony Women's 400m – T12 Victory Ceremony Men's Long Jump – T47 Victory Ceremony Women's 1500m – T54 Victory Ceremony

SESSION	TIME	DURATION	EVENETS
ATH10	19:00 – 22:00	3:00	Men's Long Jump – T37 Final Men's Shot Put – F20 Final Women's 400m – T20 Final Men's Shot Put – F32 Final Men's High Jump – T63 Final Men's 400m – T38 Final Women's Shot Put – F34 Victory Ceremony Women's Javelin Throw – F56 Victory Ceremony Women's 200m – T64 Final Women's 100m – T11 Final Women's 100m – T13 Final Men's Javelin Throw – F46 Final Women's 100m – T47 Final Women's 400m – T20 Victory Ceremony Men's 400m – T38 Victory Ceremony Men's 400m – T20 Final Women's 200m – T64 Victory Ceremony Women's 100m – T11 Victory Ceremony Men's 1500m – T54 Final Women's 100m – T13 Victory Ceremony Women's 100m – T47 Victory Ceremony Men's 400m – T12 Round 1 Women's 400m – T37 Final Men's 400m – T20 Victory Ceremony Men's Long Jump – T37 Victory Ceremony Men's 1500m – T54 Victory Ceremony Men's Javelin Throw – F46 Victory Ceremony Women's Discus Throw – F11 Victory Ceremony

چهارشنبه ۴ سپتامبر ۲۰۲۴ (۱۴ شهریور) – ورزشگاه استادو فرانس پاریس ؛ Stade de France

SESSION	TIME	DURATION	EVENETS
Wednesday 4 September 2024 – Stade de France			
ATH11	10:00 – 13:30	3:30	Men's Javelin Throw – F34 Final Women's Discus Throw – F41 Final Men's Long Jump – T38 Final Men's 100m – T11 Round 1 Women's Shot Put – F46 Final Men's Shot Put – F20 Victory Ceremony Men's Shot Put – F32 Victory Ceremony Men's Shot Put – F46 Final Men's 400m – T37 Final Men's High Jump – T63 Victory Ceremony Women's 400m – T37 Victory Ceremony Men's 100m – T53 Round 1 Women's 100m – T53 Round 1 Men's 400m – T37 Victory Ceremony Men's 100m – T54 Round 1 Women's Discus Throw – F41 Victory Ceremony Men's Shot Put – F46 Victory Ceremony Women's 100m – T54 Round 1 Women's 100m – T36 Round 1 Men's 400m – T12 Semi-Finals

SESSION	TIME	DURATION	EVENTS
ATH12	19:00 – 22:05	3:05	Women's Shot Put – F32 Final Men's Shot Put – F36 Final Women's 100m – T36 Final Men's 100m – T53 Final Men's Club Throw – F51 Final Men's 100m – T54 Final Women's 100m – T12 Round 1 Men's Javelin Throw – F34 Victory Ceremony Women's 100m – T36 Victory Ceremony Women's Shot Put – F46 Victory Ceremony Men's 400m – T13 Round 1 Men's Long Jump – T64 Final Women's 100m – T53 Final Women's 100m – T54 Final Men's 100m – T53 Victory Ceremony Men's 100m – T54 Victory Ceremony Men's 100m – T11 Semi-Finals Women's 100m – T53 Victory Ceremony Women's 100m – T54 Victory Ceremony Women's 100m – T37 Round 1 Women's Shot Put – F32 Victory Ceremony Men's Long Jump – T38 Victory Ceremony

پنجشنبه ۵ سپتامبر ۲۰۲۴ (۱۵ شهریور) – ورزشگاه استادو فرانس پاریس : Stade de France

SESSION	TIME	DURATION	EVENTS
Thursday 5 September 2024 – Stade de France			
ATH13	10:00 – 13:40	3:40	Women's Shot Put – F35 Final Women's Long Jump – T38 Final Men's 400m – T12 Final Women's Shot Put – F57 Final Men's 400m – T13 Final Women's 200m – T11 Round 1 Men's Discus Throw – F11 Final Women's 100m – T37 Final Women's Shot Put – F64 Final Men's Long Jump – T64 Victory Ceremony Men's 400m – T12 Victory Ceremony Men's 400m – T13 Victory Ceremony Women's 100m – T12 Semi-Finals Men's 800m – T53 Round 1 Men's Club Throw – F51 Victory Ceremony Women's 100m – T37 Victory Ceremony Men's 800m – T54 Round 1 Women's 400m – T53 Round 1 Women's Shot Put – F35 Victory Ceremony Women's Long Jump – T38 Victory Ceremony Men's Discus Throw – F11 Victory Ceremony Women's 400m – T54 Round 1 Women's Shot Put – F64 Victory Ceremony Men's Shot Put – F36 Victory Ceremony

SESSION	TIME	DURATION	EVENTS
ATH14	19:00 – 22:05	3:05	Women's Long Jump – T63 Final Men's Discus Throw – F64 Final Men's 100m – T11 Final Women's 100m – T12 Final Women's 400m – T53 Final Women's 400m – T54 Final Women's Shot Put – F33 Final Men's Shot Put – F35 Final Men's 800m – T53 Final Women's Shot Put – F57 Victory Ceremony Men's 100m – T11 Victory Ceremony Women's 100m – T12 Victory Ceremony Men's Javelin Throw – F13 Final Men's 800m – T54 Final Women's 400m – T53 Victory Ceremony Women's 400m – T54 Victory Ceremony Women's 100m – T64 Round 1 Men's Discus Throw – F64 Victory Ceremony Men's 800m – T53 Victory Ceremony Women's 400m – T13 Round 1 Men's 800m – T54 Victory Ceremony Women's Long Jump – T63 Victory Ceremony Men's Javelin Throw – F13 Victory Ceremony Men's 100m – T52 Round 1 Men's Shot Put – F35 Victory Ceremony

جمعه ۶ سپتامبر ۲۰۲۴ (۱۶ شهریور) – ورزشگاه استادو فرانس پاریس : Stade de France

SESSION	TIME	DURATION	EVENTS
Friday 6 September 2024 – Stade de France			
ATH15	10:00 – 13:35	3:35	Women's Shot Put – F12 Final Women's Long Jump – T47 Final Women's 200m – T11 Semi-Finals Women's Shot Put – F33 Victory Ceremony Men's Javelin Throw – F54 Final Men's 1500m – T20 Final Women's 1500m – T20 Final Men's 400m – T47 Round 1 Men's Discus Throw – F37 Final Men's High Jump – T64 Final Men's 100m – T52 Final Men's 1500m – T20 Victory Ceremony Women's 1500m – T20 Victory Ceremony Men's 800m – T34 Round 1 Women's Shot Put – F12 Victory Ceremony Women's Long Jump – T47 Victory Ceremony Men's 100m – T52 Victory Ceremony Men's 200m – T35 Round 1 4x100m Universal Relay Round 1 Men's Javelin Throw – F54 Victory Ceremony Men's Discus Throw – F37 Victory Ceremony

SESSION	TIME	DURATION	EVENTS
ATH16	19:00 – 22:00	3:00	Women's Long Jump – T20 Final Women's Discus Throw – F38 Final Men's Shot Put – F57 Final Women's 100m – T64 Final Women's Javelin Throw – F46 Final Men's High Jump – T64 Victory Ceremony Men's 400m – T62 Final Men's 1500m – T38 Round 1 Women's 200m – T12 Round 1 Men's 200m – T37 Round 1 Men's 100m – T36 Round 1 Women's 100m – T64 Victory Ceremony Men's 100m – T51 Final Men's 400m – T62 Victory Ceremony Women's Long Jump – T20 Victory Ceremony 4x100m Universal Relay Final Women's Javelin Throw – F46 Victory Ceremony Women's Discus Throw – F38 Victory Ceremony Women's 400m – T38 Round 1 Men's 100m – T51 Victory Ceremony

شنبه ۷ سپتامبر ۲۰۲۴ (۱۷ شهریور) – ورزشگاه استادو فرانس پاریس ؛ Stade de France

SESSION	TIME	DURATION	EVENTS
Saturday 7 September 2024 – Stade de France			
ATH17	10:00 – 13:30	3:30	Women's Javelin Throw – F54 Final Men's Shot Put – F34 Final Women's Shot Put – F40 Final Men's 800m – T34 Final Men's Long Jump – T13 Final Women's 400m – T13 Final Men's 200m – T35 Final Men's 200m – T37 Final Men's 100m – T36 Final Men's Shot Put – F57 Victory Ceremony Men's 800m – T34 Victory Ceremony 4x100m Universal Relay Victory Ceremony Women's 100m – T63 Round 1 Women's 400m – T13 Victory Ceremony Men's 200m – T35 Victory Ceremony Men's 200m – T64 Round 1 Men's 200m – T37 Victory Ceremony Men's 100m – T36 Victory Ceremony Women's Shot Put – F40 Victory Ceremony Women's 200m – T47 Round 1 Men's Long Jump – T13 Victory Ceremony Women's Javelin Throw – F54 Victory Ceremony Men's Shot Put – F34 Victory Ceremony

SESSION	TIME	DURATION	EVENTS
ATH18	19:00 - 22:00	3:00	Men's Long Jump - T20 Final Men's Shot Put - F33 Final Men's Javelin Throw - F41 Final Men's 1500m - T38 Final Women's 200m - T11 Final Women's 200m - T12 Final Men's Shot Put - F63 Final Women's 200m - T47 Final Men's 200m - T64 Final Men's 1500m - T38 Victory Ceremony Women's 200m - T11 Victory Ceremony Women's 200m - T12 Victory Ceremony Women's 800m - T34 Final Women's 400m - T38 Final Women's 200m - T47 Victory Ceremony Men's 200m - T64 Victory Ceremony Men's 400m - T47 Final Men's Javelin Throw - F41 Victory Ceremony Men's Long Jump - T20 Victory Ceremony Women's 400m - T38 Victory Ceremony Women's 100m - T63 Final Men's Shot Put - F63 Victory Ceremony Men's 400m - T47 Victory Ceremony Men's Shot Put - F33 Victory Ceremony Women's 800m - T34 Victory Ceremony Women's 100m - T63 Victory Ceremony

یکشنبه ۸ سپتامبر ۲۰۲۴ (۱۸ شهریور) - ورزشگاه استادو فرانس پاریس ؛ Stade de France

SESSION	TIME	DURATION	EVENTS
Sunday 8 September 2024 - La Courneuve (Start) - Invalides (Finish)			
ATH19	08:00 - 13:00	5:00	Men's Paralympic Marathon - T54 Women's Paralympic Marathon - T54 Men's Paralympic Marathon - T12 Women's Paralympic Marathon - T12 Men's Paralympic Marathon - T54 Victory Ceremony Women's Paralympic Marathon - T54 Victory Ceremony Men's Paralympic Marathon - T12 Victory Ceremony Women's Paralympic Marathon - T12 Victory Ceremony

محل برگزاری

استادوفرانس به عنوان بزرگترین ورزشگاه کشور فرانسه در منطقه سن دنی در شمال پاریس واقع شده و تا دهکده بازی ها تنها ۲ کیلومتر فاصله دارد. گنجایش این ورزشگاه ۷۷,۰۸۳ می باشد و برای جام جهانی ۱۹۹۸ فرانسه احداث شد و هم اینک نیز میزبانی از مسابقات فوتبال و راگی را در این کشور بر عهده دارد.

